FEMMEFLOW *Reveal*



CHIC SHORTCUT PREP BOOK

Chère modern woman,

ravo! It truly is time for you to embody and embrace your beautiful life, starting with giving yourself permission to engage in your life in a way that truly serves you.

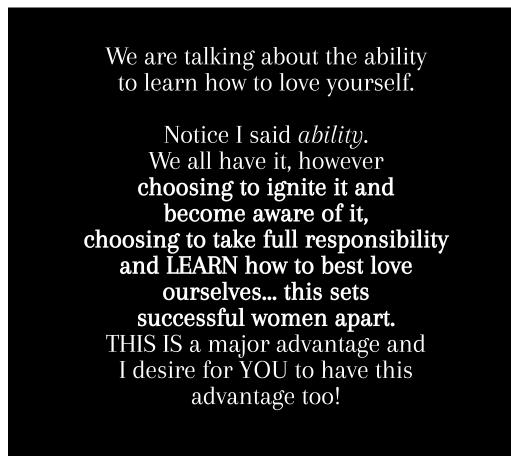
Have you ever looked at other successful women and wondered what they have that you don't?

How are they accomplishing all that they are doing? How are they living the way they are living? How are they making the money, the freedom and the space to enjoy? Not to mention how are they looking the way they are or how did they find that perfect soul mate? All of these desires can be yours and you can receive them in a way that feels graceful, empowered and supportive. No more stress, chasing, over-working or unnecessary struggle.



VERY successful woman, whether she is an entrepreneur, author, artist or coach knows they must maintain a certain structure in their daily lives. Here at Elegant Femme we call this 'Self-loving discipline" Do you know that discipline comes from the root word disciple which means 'to learn.' When we refer to self loving discipline we are not talking about some strict catholic school upbringing (yes those are some of my roots;)

If you are committed and serious about allowing your desires into your life and living your life in a way that truly pleases you then you're ready to learn what the next steps are then join the *"Femme Flow Reveal"*.



he "Femme Flow Reveal," advanced training session will teach you step by step how to PROPERLY engage the most important10 minutes of your day.

AND when those 10 minutes are...You will be surprised to know when these occur. MOST women get this completely wrong and it ends up causing them frustration, exhaustion, overwhelm and a lack of accomplishment, not to mention lowered self-confidence.

Only when you properly align with your day, and gracefully engage in self-loving discipline will you receive the momentum and results you are truly seeking.

This is what other successful women do. AND once we set the structure in place, it will begin to happen on AUTOPILOT.

IT WILL save you time and heartache as well as move you elegantly towards your desired life. Only when you properly align with your day, and gracefully engage in self-loving discipline will you receive the momentum and results you are truly seeking.

This special advanced training will:

- *1.* Provide you the knowledge and understanding of what's really what's really holding you back on a day to day basis and how to shift it IMMEDIATELY.
- 2. Show you the 10 most important minutes of your day and how to activate them so they serve you instead of work against you
- **3.** Reveal in detail what it's really going to take to **live up to your** full potential as a modern woman and how to allow your desires to become your reality.
- **4.** Train you the unique Femme Flow List System that will **guarantee you receive clarity on your desires**, assist your in structuring your day and most importantly help you **receive the fulfillment you have been seeking** (*on a daily basis!*).
- **5.** Specific guidance on how to **infuse ALL of who you are as a woman into your day** (no more putting pieces of yourself on the back burner)

NO MORE STRESS! NO MORE AIMLESS STRUGGLE and NO MORE SETTLING for less than you know that you are capable of RECEIVING! If you are ready to take own your life fully, to experience your deepest desires and receive clarity on how to live your Beautiful Life then immediately clear your schedule and attend this Special Advanced Training Session.

Set this very important time aside now! I know how busy we get and how even the best of intentions can fall away, *this is the moment for you to make yourself a priority*.

Follow these two easy steps:



o to your calendar now and put the date and time for this Special Training into your schedule (don't forget to set a reminder). Set aside 60 minutes.

Tuesday, January 27th 8 am PST/11 am EST/5 pm Paris

See what time the workshop is in your time zone

STEP 2:

et started right away by preparing with my pre-training exercises enclosed in this *"Chic Shortcut Prep Book"* to assist you in thinking about your Beautiful Life.

Get ready to learn the system that allows you to BE, ENJOY AND DO what will fully support you in finally living your Beautiful Life.

Successful women ARE not that different than you, they just DO, BE and ENJOY a few things differently...

Join me and learn how to commit to yourself and gracefully infuse 'self loving' discipline into your life so you can begin to "Live a Beautiful Life" easier and more gracefully than ever before. Setting yourself free from lack, limitation and accepting less than you are truly capable of achieving is what you require now.

Review the enclosed *"Chic Shortcut Prep Book"* now and answer the questions I've asked to assist you in opening up the conversation inside of you. It is simple to stay on the surface and look at what we don't have. *It is much more powerful (and necessary) to go deep and ask ourselves what we truly desire.*

Complete your *"Chic Shortcut Prep Book"* book, prior to your Special Advanced Training Session.

Pay close attention during the training as I assist you in clarifying what really matters to you and the special tools I have been using and sharing with women to reveal your beautiful life in just 10 minutes a day.

This is one training session you cannot afford to miss if you are truly serious about living your beautiful life and receiving what you truly desire.

With Beauty and Truth Always,

Jona Marino

P.S. If you know of women in your life that are looking for a powerful and effective way to engage in their day to feel fulfilled, feminine and successful then invite them to the upcoming free Special Advanced Training and have them register at <u>http://bit.ly/fflreveal.</u>

Your "Chic Shortcut Prep" Questions

1. What is the one thing that you think you should be doing that you aren't?

Be honest...this is just for you. What is that thought that nags you...

Examples:

(I included some examples, but I want you to write about the one that is pulling on your heart. The only right answer is the one inside you)

- · Allowing yourself to go to bed earlier
- Drinking green juice in the morning
- Moving your body each day in a self-loving way
- *For women who have been through the Power of Sensuality it might be your Femme Flow List

2. What do you desire your mornings to feel like? How do you desire your days to start?

3. How do you currently feel in the mornings? How does your day typically begin?

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4. In 2015, what is the biggest shift or change you desire in your life? In other words, if 1 thing happened this year and that made this year an amazing year - what would that be?

See you Tuesday!