

With Tara Marino

ElegantFemme.com

EPISODE 01

Sunday, March 20th

Episode 01: La Resistance

‘Resistance, in my definition, isn’t bad. It’s feedback and it’s awareness that you truly desire something.’

What do you feel about resistance now?

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What was your biggest aha from the podcast?

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What is still on your heart calling for you to experience?

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REMINDER

"When we talk about you living your Beautiful Soul-Led life, we're talking about you living an authentic life that reflects the truth of who you are in all ways."

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Definition of *beauty*
What is the true definition of Beauty?

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What is your definition of your Beautiful Soul-Led life?

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Why is NOW the time for you to allow your Beautiful Soul-Led life?

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What happens inside when you trust that you ALREADY are the woman you require to be to receive your Beautiful Soul-Led life and that it is NOT about becoming?

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